

Where to get your eyes checked?

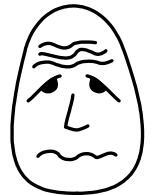


Most people go to their local Optometrist (optician)

**Some opticians can visit you at home
Most people get free eye checks**



If you are worried about getting your eyes checked



- A nurse can visit you at home to tell you about the test
- Or it may help to visit your Optometrist and have a look around



**To contact your local Learning Disability
Health Team Ring**



Teignbridge 01392 384769

Torbay zones 01803 219700

West Devon 01392 385103

(Ask for Learning Disability Lead Nurse)

**If you or your carer need to talk about
your eyes**



Ring Me

ORTHOPTIST

Eye Clinic

Torbay Hospital

Tel: 01803 655337

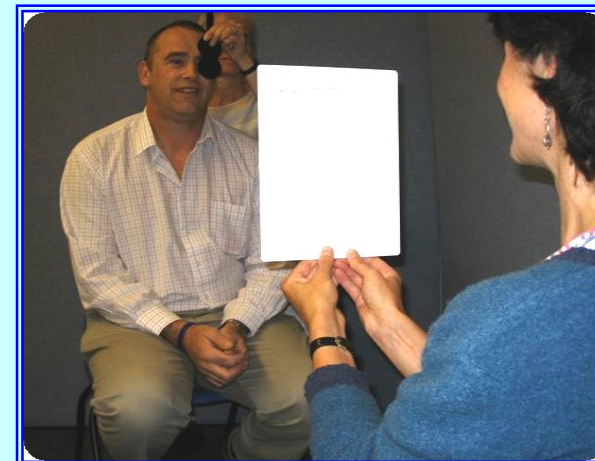
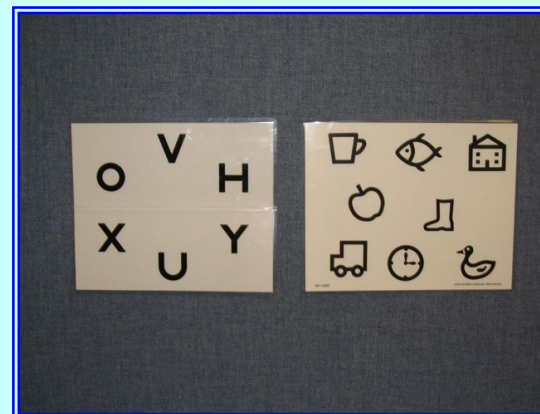


For more information about your eyes



**www.seeability.org/myeyecare
website**

GETTING MY EYES CHECKED



**Every 1-2 years everyone needs to get
their eyes checked**