



## ***PATIENT INFORMATION***

# **Information for patients having wisdom teeth removed under General Anaesthetic**

### **Before your operation**

- For clinical reasons we may not be able to give you an exact time for your operation. We will therefore ask you to come to the hospital before the operating session begins to allow time for you to be seen by the doctors and nurses.
- Take any prescribed medicines as usual, unless you have been specifically told not to do so.

### **Following your operation you need to:**

- Have a responsible adult to collect you from the hospital and, if you go home the same day as the operation, stay with you, at least overnight.
- Remember that the anaesthetic drugs we give you may remain in your body for at least 24 hours. This may temporarily affect your co-ordination and logical thinking

- Drink plenty of fluids and eat a light diet if you can.
- Move slowly when getting up from your bed or chair so that you avoid dizziness.
- Lie quietly if you feel sick (this is common) and take clear liquids only, e.g. squash or tea or coffee without milk.
- Take things easy the day after your operation.

### **Do not**

- Drive a car or any other vehicle for 48 hours. Your insurance may be invalid if you do so.
- Operate machinery or appliances, such as cookers and kettles, for a period of 24 hours.
- Make important decisions or sign important documents for 24 hours.
- Drink any alcohol for 24 hours.
- Lock yourself in any room inside your house, in case the person looking after you needs to help you.

**If you have any questions about this information leaflet  
please contact the Oral & Maxillofacial Surgery  
Department**

** Tel. (01803) 655150**