

### **What is the test for?**

The Consultant Paediatrician looking after your child has requested this investigation to find out if your child's bladder is emptying itself properly. Occasionally some of the urine flows back along the tubes known as "ureters", which connect the kidneys to the bladder.

### **How is my child prepared for the test?**

You will receive a letter from the Radiology Department giving you an appointment. If your child is under a year old, you will probably be asked to come to the Radiology Department for the procedure. Children over one year are normally admitted to the children's ward for a few hours so that they can be given a mild sedative.

### **The X-Ray room**

You are welcome to be with your child during the test and to help position him or her on the table. The Radiographer taking the pictures will explain that there's a slight risk to you and your child of receiving a small dose of radiation. They will answer any questions you may have and then ask you to sign a consent form. If you are pregnant you will have to stand behind a protective screen. Your child will be able to see and hear you from there.

### **The examination itself**

The Consultant Radiologist is a doctor specialising in procedures performed under X-ray guidance. He or she will insert a sterile tube, called a catheter, into your child's bladder. This is to allow a fluid, called a contrast medium, to be passed into the bladder, in order to produce X-ray images. Although the test is not actually painful, it may be uncomfortable and so a nurse will be present to help your child.

### **What happens next?**

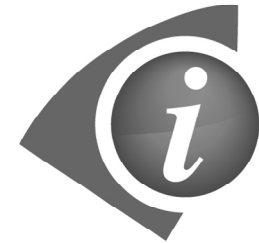
The Consultant Radiologist may be able to speak to you about the outcome of the test, but you will need to attend the follow-up outpatient appointment with the Paediatrician.

Your child should not be adversely affected by this procedure. However we recommend that you give him or her plenty of fluids to drink to flush the "contrast" out of their body.

We also suggest that after the procedure you wash the nappy area well and apply a gentle barrier cream.

**If you have any questions about the information in this leaflet please contact the Radiology Department on 01803 655657**

**PATIENT INFORMATION**



**Information for the parents  
of children undergoing**

**A  
Micturating  
Cystogram**

**This information has been  
prepared by clinical staff  
in the  
Radiology Directorate  
Torbay Hospital**