



PATIENT INFORMATION

Gastric Emptying Scans

Please do not eat for 6 hours before your appointment time

Gastric emptying scans are used to determine the rate at which the stomach empties after eating solid food. A special liquid called a radioactive tracer is mixed with scrambled egg and given to you to eat. This enables us to obtain images of how your stomach is working when we scan you. Images will be taken continuously for 90 minutes with you sat slightly reclined in a chair.

Important Instructions

- **Do not eat or drink anything for 6 hours prior to your appointment**
- Please let us know if you are unable to eat eggs.
- Please wear loose and comfortable clothing, preferably with no metal buttons or buckles.

You can expect to be in the department for about 2 hours.

Other points

- It is unlikely that you will have any side effects from this examination.
- You will be asked to drink plenty of fluids for a few hours after the examination. You can return to your normal diet.

If you wish to discuss this test or have any queries, please do not hesitate to contact the Nuclear Medicine Department on 01803 655640