

## Patient Information about

# Kidney Scan

Kidney scans are used to detect function areas of the kidney.

A special liquid called a radioactive tracer will be injected into your arm. This enables us to obtain good images of your kidneys when we scan you. During your scan we will ask you to sit on an imaging chair where the pictures will be taken. Four pictures will be taken of your kidneys. This will take a maximum of 30 minutes.

### Important Instructions

- Please take all your prescribed medication as normal.
- Please wear loose and comfortable clothing, preferably with no metal buttons or buckles.
- You can eat and drink normally.

You can expect to be in the department for 15 minutes for the first part of your appointment, when a radioactive tracer is injected into your arm. On your return 3 hours later, you will be here for about 30 minutes. During the period between you can leave the department if you wish. However sometimes delays are unavoidable and we run late occasionally. We will keep you informed of any delays.

### Other points

- It is unlikely that you will have any side effects from this injection.
- We will ask you to drink plenty of fluids for 24 hours after your injection.
- Please be reassured that the scan will not involve you having to go into a tunnel-like piece of equipment.

**If you wish to discuss this test or have any queries, please do not  
hesitate to contact the Nuclear Medicine Department  
on 01803 655630**