



PATIENT INFORMATION

**Advice for patients who have just undergone
one of the following examinations:**

Barium Meal

Barium Swallow

Barium follow-through

Small Bowel Enema

On leaving the hospital you can return to your normal diet.


However you do need to drink extra fluids and we recommend twice what you would normally drink. This will help to wash the barium out of your bowel and prevent constipation.

Your motions may appear lighter in colour for a few days. This is no cause for concern and they should return to normal in a few days.

It is also important to flush the toilet regularly after use as the barium can solidify and become difficult to clean.

The results of the examination normally take 3 to 4 weeks to reach your doctor. If you have not heard anything in 4 weeks then contact either your GP or the consultant who saw you in clinic.

If you have any problems following this examination then you can either contact your GP or the Radiology Department on

 (01803) 655657