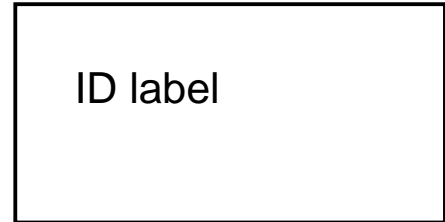


Radiology Department

Information for Inpatients having an Ultrasound scan

Patient details:

Name..... D.O.B.....
Hospital Number.....Ward.....
Date/Time.....
Examination.....



You have been booked for an ultrasound scan. This involves placing some warmed water soluble gel onto your skin and examining the internal organs with ultrasound.
An **abdominal scan** will show your liver, gallbladder, bile ducts, pancreas, spleen, kidneys and blood vessels. Ultrasound does not examine the bowel very well.
A **pelvic scan** will show the pelvic organs. In female patients where the scan is of the uterus and ovaries, this is also known as a gynaecological scan. If the scan is of the bladder or foetus, this is also known as a non-gynaecological or obstetric scan.

It is very important to follow the specific instructions before your scan to ensure the best possible result. If you do not follow these instructions you may need to be rebooked another day.

Prep 1 Abdominal scan

- It is important that you **eat nothing** for **4 hours** before the scan.
- You can drink clear fluids/ herbal tea only.
- If diabetic, you may have 1 piece of toast with jam/marmite but **NO** butter.

Prep 2 Pelvic or gynaecological scan

- A full bladder is essential for this examination.
- Please drink **2 pints** of fluid during the 2 hours before your scan and **do not empty** your bladder, unless absolutely necessary.

Prep 3 Pelvic or non-gynaecological or obstetric scan

- A full bladder is essential for this examination.
- Please drink **1 pint** of fluid during the hour before your scan.

If you are having examination 2 or 3, and have a catheter in place, it is essential that you ask the nursing staff to clamp the tube before you start to drink the necessary amount of water.

If you have any questions about these instructions please speak to the ward staff or contact staff in the Ultrasound Department on extension 5619.