



PATIENT INFORMATION

Complementary Therapy Aromatherapy / Massage

“what is essential is invisible to the eye”

Leo Tzo 6thC B.C.

Feeling anxious, stressed, worried, unable to cope?

Why not try complementary therapy?

You have a choice of either massage with or without aromatherapy

This is a unique, free service for breast cancer patients at The Breast Care Unit Torbay Hospital. Up to four sessions are available, each lasting a maximum of 40 mins. Appointments are flexible to accommodate your needs.

This service is not paid for by the Trust but from the generous donations people make to the Unit Trust Fund.

Any contribution for your therapy is gratefully received.

Aromatherapy



Is the direct application of diluted essential oils, mainly through massage. Complementary Therapy aims to promote and maintain a high level of physical, mental and spiritual well-being through deep relaxation

Come along to a warm welcoming environment and meet our friendly therapist. Give it a try.

Ask your consultant or specialist nurse for a referral & find out about the benefits for yourself.

Reflexology is now only available at the Cancer Information and Support Centre

Directions

To find the Breast Care Unit, come onto the Torbay Hospital Site at the Cadewell Lane entrance.

Turn right after the Garden Centre.

Follow the road up the hill.

The Breast Care Unit is then straight in front of you.

Limited & disabled parking spaces are directly outside the Unit.

Please obtain a permit from the Breast Care Unit reception and display in your car.

Contact phone number: ☎ Tel (01803) 655634

Medical history / contra-indications checklist

Patient Name: **Hospital Number**.....

Have you had any of the following conditions / treatment? If yes please state when	Yes	No	Date
Surgery			
Radiotherapy			
Open wounds			
Prosthesis / Implants			
Thrombosis (Blood Clot)			
Diabetes			
Infections / skin problems eg eczema			
High fever			
Inflammation of veins			
History of miscarriage			
Do you at present have any of the following conditions / treatment? If yes please give details.			
Pregnancy			
Allergies			
Medication			
Any other conditions Eg osteoporosis (brittle bones)			
Complementary Therapy			

Please note all information is strictly confidential