


How to contact us


You can contact the children's physiotherapy service at:

Paediatric Physiotherapy Department
John Parkes Unit
Torbay Hospital Annexe
Newton Road
TQ2 7BA


 **Tel: (01803) 655547**

We also work at


Mayfield School, Moor Lane, Watcombe,
Torquay, TQ2 8NU

 **Tel: (01803) 329056**

Bidwell Brook School, Shinnars Bridge, Dartington,
Devon, TQ9 6JU

 **Tel: (01803) 864120**

Coombe Pafford School, Steps Lane, Torquay,

 **Tel: (01803) 327902**

23549 V1 Physiotherapy/SDHCT/11.14/Review Date 11.16



**PATIENT
INFORMATION**

Children's Physiotherapy



Paediatric Physiotherapy Services in South Devon

Introduction

Paediatric physiotherapists specialise in working with children from birth to school-leaving age.

The paediatric physiotherapy team offers a co-ordinated service to children of all ages. No matter how slight or serious your child's problem is, we aim to enable each child to function at their best.

What we do

We will assess your child to find out their physical development and special equipment needs, as appropriate. We will discuss all plans for treatment with you. Treatment is not necessarily continuous or long term. Your child's physiotherapy needs will be reviewed and updated regularly.

The physiotherapist will work closely with you to teach you the skills necessary to meet your child's needs. When your child is discharged, you may be given a home therapy programme to continue with your child, if necessary.

How we refer

Your child will usually be seen by a paediatrician who, if necessary, will refer them to the paediatric physiotherapy team. Your GP, school doctor, or other therapists can also refer to the team.

Usually, your child will be offered an appointment within 12 weeks. In urgent situations, the response time is quicker.

Where we work

We will assess and treat your child in the most appropriate setting. This may be in your own home, in nursery, at school or within the John Parkes Unit Child Development Centre.

The care offered is designed to follow your child from birth to school-leaving age. On reaching adulthood, the young person is referred on to the appropriate adults service in consultation with parents/carers.

What you will need to do

- ❖ To carry out the exercises and advice you may be given.
- ❖ To talk to us if you have any concerns about your child's physiotherapy treatment.
- ❖ To let us know about appointments with a doctor or other practitioner, relevant to your child's condition, so that we can talk to them about your child's treatment.
- ❖ Attend all appointments and let us know at least one day in advance if you are not able to keep an appointment. If you miss two appointments, without letting us know, your child will be discharged from the physiotherapy service.