

Information about Suprefact Injections

Name..... Hospital Number

Suprefact is given by subcutaneous (S.C.) injection.
Each dose is 0.2mls, given once a day in the evening.

How to give the Injection

1. First wash your hands.
2. If using Suprefact for the first time, remove the plastic top cover. This reveals a rubber bung.
3. Remove the syringe and the grey needle from their packets and place the whole needle onto the syringe.
4. Push the needle firmly through the rubber bung and tip the vial upside down.
5. Pull the plunger back to take 0.2mls into the syringe.
6. Check that there are no large air bubbles. Do not worry about small air bubbles
7. The injection is now ready to be given.
8. Sit back in a chair with your feet flat on the floor.
9. Push the whole of the needle into the skin at a right angle (in the area you have been taught to inject).
10. Depress the plunger until all the fluid has been administered and then withdraw the needle quickly in a straight line.
11. If the injection site bleeds or oozes slightly, press firmly with a cotton wool or tissue.
12. The needle and syringe can then be disposed of in the container provided, which should be returned to the clinic after completion of treatment or when it is full.

**If you need to talk to someone about the information in this leaflet please call
01803 654634**