Forrest ward

Forrest ward is a 25 bedded ward which specialises in Vascular, Head & Neck and Ophthalmology.

Each bed area has its own TV/phone. Cards for these can be purchased from the machine by the entrance to the ward. Mobile phones are permitted to be used in designated areas only.

We have a trolley shop which visits the ward regularly.

Visiting times

Visiting times for the ward are between 2-4.30pm and from 6.30 until 8 pm in the evening.

The ward is closed outside of these hours to encourage and allow time for the patients to rest.

We would request that there are only 3 visitors at a time per bed and visitors should sit on the chairs provided and not on the beds. This will help to prevent cross infection.

Visitors are requested to always use the hand gel provided when arriving and leaving the ward.

Ward meal & snack times

Breakfast is served at 8am.

Morning drinks and snacks at 10am.

Lunch is served at 12pm.

Afternoon drinks and snacks 2.30pm.

Evening meal is served at 5.30pm.

Evening drinks at 8pm.

Snacks are available at all times please talk with your nurse if you would like extra snacks.
Discharge

On the morning of your discharge, following breakfast, you may be asked to dress and sit in the dayroom. This enables us to prepare the bed for the next patient. Please allow up to 3 hours for your medication to be dispensed from the pharmacy.

Please let us know if it is not possible to arrange for your own transport home.

Forrest Ward Philosophy

- We aim to provide a safe, happy, friendly, caring environment.
- We will involve you in making decisions and planning your care based on your needs, preferences and beliefs.
- We will be honest with you, giving you the information and advise necessary for you to make informed decisions about your care.
- We will treat you, your family and carers with respect, kindness compassion and dignity at all times.
- We will work as a team showing consideration for each other for the benefit of all.

The information in this leaflet has been produced by the Essence of Care Communication Focus Group

March 2015