

## What is the Diabetes Research Network?

The Diabetes Research Network is funded by the **Department of Health** and is part of the UK Clinical Research Network, which is developing support for research in a range of conditions.

The **Diabetes Research Network** aims to improve the coordination and quality of diabetes research across the UK by:

- Creating a more effective research environment to improve diabetes care
- Ensuring that the research we do is relevant to the needs of those affected by diabetes.

We are developing a range of studies to improve prevention, diagnosis, care and treatment for people with diabetes, or those at risk of developing it.

## What we have achieved so far in Torbay?

As a multi-disciplinary team (Doctors, Nurses, and a range of other health professionals) we have researched practical issues of living with diabetes. These have included dietary and lifestyle advice, home glucose monitoring, education/support groups at diagnosis, implications of the effects of diabetes on feet, eyes and blood vessels.

We have collaborated with the Oxford University Trials Unit in the UKPDS (the largest trial ever undertaken of type 2 diabetes and its management) and other multi-centre trials.



## Getting Involved?

Volunteers are needed for:

### Current research projects which include;

- Medication and lifestyle advice for people with borderline raised sugars (not yet with diabetes)
- Study of the effects of medication on blood fats and circulation
- New treatments in diabetes
- Exploration of genetics of diabetes
- Vascular and neuropathy studies

### To join a Register of:

- Newly diagnosed type 1 diabetes children from 5 yrs to adults
- People with existing diabetes and friends or partner with similar lifestyle

### Patient advocates

- To inform research ideas and designs.



Can you help us in our research now to shape the future of diabetes care?

If you feel you can, please complete and return this slip.

My contact details are: (Please print)

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Home Tel no: \_\_\_\_\_

Mobile no: \_\_\_\_\_

E-mail: \_\_\_\_\_

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

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FT/01.08/Review date 01.10

## Involving voices that are not normally heard

It is important that the Diabetes Research Network has the active involvement of people affected by diabetes. Only with your help will we be able to improve the methods of diagnosis, care, treatment and prevention of diabetes across the UK

Volunteers are needed to:

- Answer an occasional survey
- Comment on research activities as a patient advocate in an advisory group
- Register to receive regular updates

Contact: [www.ukdrn.org](http://www.ukdrn.org)

# Getting involved with Diabetes Research

