

PATIENT INFORMATION

Head and Neck Lump Clinic

Please read the following information carefully

Your GP has referred you to a Head & Neck clinic at Torbay Hospital. The purpose of the clinic is to investigate the cause of your symptoms and treat you appropriately.

Day of your appointment

At your first clinic appointment please report to the main outpatient's reception which is located in the main Out Patients Department, level 2, Torbay Hospital.

Following your initial consultation, you will be required to return to either the Ear Nose and Throat (ENT) clinic or the Oral and Maxillofacial (OMFS) Clinic approximately one week later. This is to discuss the results of any tests undertaken at the first clinic appointment.

The Clinic Team

The clinic is led by Mr P. Reece, Mr.O.Mclaren, Mr R Scott and Mr.D.Cunliffe who are all specialist Head and Neck Consultants. There will also be one of the clinic nurses present.

The Clinic

At this clinic you will have a consultation and, if appropriate, certain tests may be undertaken. These may include:

- **Blood test**
- **Chest x-ray**
- **Needle biopsy of the lump**
- **Nasendoscopy** (which requires a special instrument to be passed into your nose and down to your throat to enable the doctor to have a closer look).

When you return approximately one week later to the ENT/ Max Fax clinic the consultant will decide whether to undertake a course of treatment or whether further tests need to be carried out.

Planning your attendance at the head and neck clinic

You are advised to bring someone with you when you attend your hospital appointment. This will help should you feel the need for support or are unwell following any tests.

Hospital facilities

There are patient toilets located on Level 2 OPD. Access to Level 2 is suitable for wheelchair users. There are designated disabled parking spaces close to most entrances to the hospital.

There is a Coffee shop and WHSmith located by the main entrance on Level 4. The Bayview Restaurant is also located on level 4.

If you cannot keep your appointment

Please telephone the appointments office between the hours of 8:30am and 5.00pm Monday-Friday. The telephone number can be found on your appointment letter.

Useful telephone numbers

Torbay Hospital: 01803 614567

Head & Neck Secretary: 01803 655876 or 656916

Head & Neck Specialist Nurses:
01803 655044

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.