

Your operation will be performed at Exeter Hospital (Wonford) by your Torbay Surgeon M..... During your recovery you will be cared for by the Exeter Team. Once you are fit to go home, your care will revert back to the Team at Torbay.

Otter ward

Otter ward is situated on Level 2 Area J. It is a 24 bedded ward which specialises in Ear, Nose & Throat, Oral & Maxillofacial and Ophthalmic Surgery

You will be admitted to Knapp Ward Level 2 in the Orthopaedic Centre on Wednesday morning for operation on the same day and transferred to Otter Ward after your operation.

If you feel this is not possible, please speak to the pre assessment team at Royal Devon & Exeter as it may be possible for you to have hostel accommodation for the night prior to your operation

Visiting times

Otter ward has open visiting between the hours of 8am & 8 pm

We prefer that there are only 2 visitors at a time for each patient.

We request that visitors respect other patients on the ward and keep noise levels to a minimum.

Well behaved and supervised children are welcome. We also ask that visitors sit on the chairs provided and not on the beds.

Please always use the hand gel provided when arriving and leaving the ward.

Ward meal & snack times

Breakfast is served at 8am.

Morning drinks and snacks at 10 am.

Lunch is served at 12 pm.

Afternoon drinks and snacks 3 pm.

Evening meal is served at 5 pm.

Evening drinks at 8 pm.

Snack boxes are available at all times please talk with your nurse if you would like extra snacks.

Discharge

On the morning of your discharge, following breakfast, you may be asked to dress and sit in the dayroom. This enables us to prepare the bed for the next patient. Please allow up to 4 hours for your medication to be dispensed from the pharmacy.

A follow up appointment to see your Torbay surgeon will be arranged by the Torbay team and will be sent to your home address after you have been discharged from Otter ward.

**Coming to Hospital? Remember
Exeter is also smoke free**

Otter Ward
Royal Devon & Exeter Hospital
Barrack Road
Exeter
EX2 5DW
01392 402807

Parking

The nearest parking is at the Princess Elizabeth Orthopaedic (PEOC) entrance.

Transport

If you need help with transport for your admission or pre assessment clinic appointment the contact number for the Exeter hospital car service is:
01392 403737

The information in this leaflet has been produced by the Torbay and Exeter Head & Neck Teams

Torbay and South Devon 
NHS Foundation Trust

PATIENT INFORMATION



**Having your Head & Neck
Surgery in
Royal Devon & Exeter
Hospital**

Matron

Nic Mathieu

Head & Neck Ward

Otter Ward

**Head & Neck Specialist
Nurses**

Claire Barber, Zoe Copp &
Joy Higgs