



***PATIENT
INFORMATION***

**A Reminder: for your CT planning scan &
subsequent treatment to your prostate cancer**

Our aim is to plan and deliver your treatment with a full bladder and an empty rectum. To this end, it is important that:

1. You empty your bladder about one hour prior to your scan and then drink approx 350mls ($\frac{1}{2}$ to $\frac{3}{4}$ of a pint) of water.

Do not worry if you are unable to comply with this – just let the radiographer know.

If you happen to have a catheter in place, please tell the radiographer as soon as you arrive for your scan so that we can attach a clamp to the tube thereby allowing your bladder to fill whilst you wait for your scan.

2. You empty your bowels regularly. Drinking plenty (approx 2 litres/day) will help with this. If you do not pass a motion at least once a day, you may need laxatives prior to your scan.

Please call 01803 655363 if you require medication or advice regarding either of the above requirements.

The same instructions will apply when you attend for treatment.
