

What will happen first?

You will have met your Consultant and other members of the Head & Neck Team to discuss your diagnosis and treatment plans.

You will then attend the pre-treatment assessment clinic before your treatment starts.


The Clinical Nurse Specialist (CNS), Dietitian, and Speech & Language Therapist (SLT) are part of the Head and Neck Team involved in your care.

What is our role?

Your dietitian is Deborah Howland

The dietitian's role is to assess what you are eating and advise you of the best foods to eat through each stage of your care. Nutrition plays a very important role during treatment. The dietitian will discuss plans for your nutrition and provide you with support.


Contact telephone number:

 **(01803) 654380**

Your SLT is Sam Gregory

The Speech & Language Therapist's (SLT) role is to explain ways in which your speech and swallowing may be affected by the treatment you receive and to assess, advise, and plan therapy relevant to your treatment.


Contact telephone number:

 **(01803) 654949**

**Your CNS is Julie Hewett &
Fahida Manby**

The CNS co-ordinates your care, offering specialist support and advice for you and your family. Full assessments of your psychological, physical and information needs will be carried out.

Contact telephone number:

 **(01803) 655044**

Note

If you are unable to attend, please let Julie, Deborah or Sam know and a new appointment will be offered.

Torbay and South Devon 
NHS Foundation Trust



**PATIENT
INFORMATION**

**HEAD & NECK
ONCOLOGY**

**PRE-TREATMENT
ASSESSMENT
CLINIC**