

What will happen next?

Approximately one month after completion of your treatment you will meet with your Consultant and other members of the Head and Neck Team. This is to assess how you are responding to the treatment. Prior to this you will be invited to attend the Clinical Nurse Specialist (CNS) and Dietitian-led post treatment clinic.

They will see you at this clinic to continue the care you received during treatment.

We also see patients who need more care and support. In this case you will be seen as often as is necessary, until you feel able to manage without our regular help.

You will then continue to be seen by your Head & Neck Consultant for your cancer reviews.


What is our role?

Your dietitian is Deborah Howland.

The dietitian's role is to assess what you are managing and advice you about your intake through each stage of your care.

Nutrition plays a very important role during and after treatment.


Contact telephone number:

 (01803) 654380

**Your CNSs are Julie Hewett
and Fahida Manby.**

The CNS co-ordinates your care, offering specialist support and advice for you and your family. Ongoing assessments of your psychological, physical and information needs will be continued at this post treatment clinic.


Contact telephone number:

 (01803) 655044

**Your SLTs are Sam Gregory
and Sarah Thomas**

The SLTs role is to explain ways in which your speech and swallowing may be affected by the treatment you receive and to assess, advise, and plan therapy relevant to your treatment.

Contact telephone number:

 (01803) 654949

Note

If you are unable to attend please let us know by telephoning 01803 655044.

It may be possible to offer you advice over the telephone to save you a trip to the hospital.

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.



Torbay and South Devon
NHS Foundation Trust

PATIENT INFORMATION

Post Treatment Assessment Clinic

Working with you, for you