



***PATIENT  
INFORMATION***

**Department of Urology**

**Information for Patients with a Testicular  
Tumour**

**A guide for patients and carers**

## **The Urology Team**

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Sue Forbes Specialist Cancer Nurse 0800-1700 Tuesday, Thursday, Friday	01803 654578
Mrs A Carroll, Mrs G Burton, Mrs A Leitch Nurse Practitioners 0800 – 1800 Monday – Friday	01803 655009

You have been told that you have a testicular tumour which is likely to be malignant (cancerous). The most common treatment is surgery to remove the affected testicle, this is explained in more detail in the booklet you have been given.

In some cases chemotherapy (treatment with anti cancer medicines) is used in addition to surgery. If necessary, it is most frequently given after surgery although in some cases it is given beforehand to make the tumour smaller. Depending on the type of tumour radiotherapy (treatment with high energy rays) may also be given.

Treatment for testicular cancer is usually very successful with high rates of cure.

Following your diagnosis your case will be discussed at our MDT. This is so that all the health professionals involved in your care have an opportunity to talk over your diagnosis and agree/confirm a management plan that is best suited to your disease. If you are having further tests, discussions will take place once these have been completed.

### **Letters**

After each appointment a letter is sent to your general practitioner (GP). **Please let us know if you would like a copy of the letter.**

You will be allocated a key worker, usually one of the specialist cancer nurses who will support you, provide you with any additional information, and offer help and guidance. They will be your main point of contact at the hospital. If there is anything you would like to discuss further please phone. If your key worker is not available the urology nurse

practitioners may be able to help. If you have not been seen by the specialist nurse at your outpatients appointment they will try to contact you by phone to discuss further what you have been told.