



## ***PATIENT INFORMATION***

# **Orthodontic Treatment**

If this is your first visit to the department, please read the information below which we hope will answer any questions that you may have.

Your visit is nothing to worry about; your dentist or orthodontist asked us to see you for a consultation about possible orthodontic treatment. Our clinics can be busy, so please allow up to 2 hours for the visit.

### **What is orthodontics?**

Orthodontics is the dental specialty concerned with the growth, appearance, health & function of the teeth, jaws and face.

### **How do I get to the orthodontic department?**

Please enter by the main entrance to Outpatients on Level 2 (blue zone) and check in at the main reception desk. If coming by car, the nearest car parks are A or D (pay & display). Please allow plenty of time to park.

### **What will happen on my first visit?**

You will be seen by one of our consultants and may have some X-rays taken. We will discuss whether you would benefit from treatment and what this might involve.

This may involve a discussion about the need to use “braces” to improve how the teeth look & bite and we may discuss about removing some teeth. However, no treatment will be carried out at this visit and no teeth will be taken out.

## What will happen after my visit?

Following your consultation, you will either:

- Be discharged from the orthodontic department and referred back to your dentist
- Another appointment will be made to discuss your treatment further
- Your name will be added to our treatment waiting list and we may give you some leaflets detailing your future treatment

## Do I need to bring anything with me on the first visit?

Please bring a list of any medication that you are taking. Please make sure you bring the details of your dentist as a letter following your new patient consultation will be sent to both your dentist and the referring practitioner detailing the outcome of the assessment. If you would like a copy of the letter please ask the consultant, who will be happy to arrange this.

If this is a follow-up appointment, please ensure that you let us know if there have been any changes to your details e.g.

- address
- contact telephone numbers
- doctor
- dentist
- medical history

Children under the age of 16 years must be accompanied by an adult.

## Further information

If you need to change this appointment, please ring please ring on

- **Tel ☎ (01803) 656321** as soon as possible
- For more information about the hospital please see the South Devon Healthcare NHS Foundation Trust website at [www.sdhct.nhs.uk](http://www.sdhct.nhs.uk)
- If you would like further information about orthodontics, please see [www.bos.org](http://www.bos.org) or [www.bdhf.org](http://www.bdhf.org)