

# **Growth Hormone Profile**

#### What is it for?

The Growth Hormone (GH) profile is performed to help the medical team find out if you have the correct amount of growth hormone in your body following treatment for Acromegaly – an excess of growth hormone caused by a pituitary tumour. This allows us to make changes to your medication to improve the growth hormone balance if required.

### Is there any preparation?

No, just your normal medication.

## What will happen?

You will be asked to attend at roughly 2 hourly intervals on one day. You can carry on normal daily activities between each test but some people prefer to remain in the unit and you are welcome to do this. You will have a single blood test each time which may be taken through a small tube placed in a vein.

## Are there any side effects or risks?

There is some potential for some bruising where the blood tests have been taken but there are no other risks during this test.

Please inform the nursing staff if you are prone to fainting or being unwell when having blood taken.

#### When will I know the result?

You will generally be notified by letter 1-2 weeks after the test or at your next outpatient appointment if any changes to your medication are required.

#### What if I can't come?

Please phone our Co-ordinator or TAIRU reception on 01803 655600. Your appointment can then be rearranged.

If you have any questions about the leaflet or would like some further information please contact: TAIRU Co-ordinator - Tel: 01803 655600