



PATIENT INFORMATION

FLOW RATE INVESTIGATION

You have been booked for a flow rate test with gynaecology nurse.
The following advice is intended to help shorten your visit.

HOW SHOULD I PREPARE FOR THE INVESTIGATION?

Increase your intake of fluid that morning by approximately 2 cups or mugs.
Try not to pass urine for or as long as possible.
We advise that water, squash or tea is preferable to fizzy drinks.

WHAT HAPPENS DURING THE INVESTIGATION?

On arrival at the clinic you will be asked to sit in the waiting area.
When your bladder is comfortably full, you will be asked to pass water into a special machine which will measure and time your urinary flow rate.
We will then scan your bladder to see if it is empty.

FOR MORE INFORMATION

If you have any questions about the procedure or about the information in the leaflet.

Please contact Gynae clinic nurses; 01803 655931