

PATIENT INFORMATION

Trial Without Catheter

You have been booked for a trial without your catheter in the Urology clinic. Please bring a list of your current medication when you attend the clinic.

Morning appointment

We invite you to a clinic appointment in the morning so we are available to be contacted during the working day on 01803 655009 option 5. We will gently remove your catheter which only takes 10-15 seconds, this is described as uncomfortable but not painful. Once dressed and comfortable you will be free to go home.

What happens after my morning appointment?

We advise you drink 4-5 pints of fluids, tea, coffee, squash or water over the whole duration of the day. (Avoid fizzy drinks) Drinking the fluid in a quick interval could lead to retention. Your body needs the slow and steady intake of fluid. This allows your body to remember to pass urine naturally again.

Don't worry if you do not pass urine for 2-3hrs, this is because the catheter has left your bladder completely empty.

If you start to feel uncomfortable and or unable to pass urine please call the Urology Nurses 01803 655009 option 5 during office hours 09:00-17:00 or 111 outside of these hours or weekends.

Afternoon appointment

Occasionally we require you to return later in the day for a bladder scan to ensure you bladder is emptying sufficiently. You will have been given a return appointment at the time of your catheter removal.

Generally, we do not need to see you again after a catheter removal unless pre-planned as part of your ongoing investigations with the Urology department.

For more information

If you have any questions about the procedure or about the information in this leaflet, please contact:

**Urology Nurses (Tel (01803)
655009 option 5 Monday –
Friday 09:00 17:00**

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.