



## **PATIENT INFORMATION**

### **Trial without catheter**

You have been booked for a trial without your catheter in the Urology clinic. Please bring a list of your current medication when you attend the clinic.

#### **Morning appointment**

We will remove your catheter and you will be free to go home.

#### **What happens after my morning appointment?**

During the day you should drink 6 to 8 glasses of water as well as your usual hot drinks.

Make a note of the number of times you pass urine, ensuring you try to do this at least every 2 hours.

If you cannot pass urine and are beginning to feel uncomfortable, please call the nurse for advice.

#### **Afternoon appointment**

When you return, we will ask you to pass urine into a flow rate machine and we will then scan your bladder to see if it is empty.

If further treatment is needed it will be carried out at this time.

#### **For more information**

If you have any questions about the procedure or about the information in this leaflet, please contact:

**Anne Leitch / Anne Carroll / Gwyn Burton**  
Nurse Practitioners  Tel (01803) 655009