

Providing a urine specimen for cytology

What should I do first thing in the morning?

On waking, you should pass the first urine of the day as normal.

How much fluid should I drink?

You should then drink sufficient fluid so that you can produce another urine specimen when you attend the clinic.

What will happen when I attend the clinic?

Please attend the clinic with your bladder comfortably full, where you will be asked to produce a specimen of urine.

The best specimen is that portion of urine passed at the beginning OR end of the stream.

For more information

If you have any questions about the procedure or about the information in this leaflet, please contact:

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