



## **PATIENT INFORMATION**

### **Urodynamic Investigations**

Please complete the enclosed frequency volume chart and bring it to your appointment. You should not take any bladder medication for five days prior to the test. If you are unsure about this please contact us.

#### **Why do I need these tests?**

Your Consultant needs more information about the cause of your bladder problems to be sure that you receive the correct treatment.

The procedure will be performed by a urology nurse who will be able to answer any questions you may have.

#### **The Urodynamic Investigation**

This test takes about an hour and will show how effectively your bladder is working.

It is best if you attend with your bladder comfortably full. Fine plastic tubes will be passed into the bladder and rectum and pressure recordings will be taken from these tubes as your bladder fills and empties.

The procedure will be performed by a urology nurse who will be able to answer any questions you may have.

#### **What happens after the test?**

The results will be sent to your consultant who will arrange your next appointment.

It is a good idea to increase the amount you drink for 48 hours after the test to reduce the chance of developing an infection.

You may notice a small amount of blood in your urine and feel slightly uncomfortable after the test. This is nothing to worry about and you should feel better within 24 hours. If it becomes a problem, please contact your General Practitioner for advice.

#### **For more information**

If you have any questions about the procedure or about the information in this leaflet, please contact:

**Anne Leitch / Anne Carroll / Gwyn Burton**  
**Urology Nurse Practitioners** ☎ **Tel (01803) 655009**