



PATIENT INFORMATION

Having an Operation at Torbay Hospital



Torbay Hospital



Ward



Hospital

Before You Come Into Hospital



The hospital will send you a letter about your operation



It will tell you where to go when you arrive



Tell a friend or relative you will be in hospital

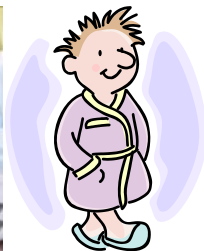


If you would like your carer to stay with you, please let us know before you come to into the hospital

Coming into hospital checklist

Tick When Done ☒

Clothes to bring in to wear

☐

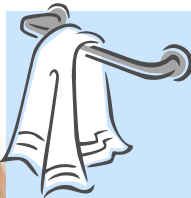
Underwear

☐

Soft Shoes

☐

Toiletries

☐



Small Bag
for Clothes

☐

Bring any medication
you are taking

☐

Name, address and
telephone number of your
next of kin, carer or your
nearest friend

☐

Would you like someone
to speak on your behalf?

☐

Bring some money for
newspapers and to use
the bedside
telephone, TV

☐

Ear plugs, mobile
phone and charger

☐

You may also want to
bring a couple of books or
magazines

☐

Please do not bring



Cigarettes or tobacco as the hospital has a "No Smoking Policy"



Alcoholic Drinks



Lots of Money



Valuables Such as Jewellery



No food items but fruit is OK



Getting to the hospital



Ask a friend or carer to
bring you to the hospital

Coming by Car



There are 2 entrances to the hospital;
Cadewell Lane and Lawes Bridge.

The main Car Parks are signposted as soon
as you come onto the site and are pay
and display.



Parking spaces for disabled drivers are
near each of the main hospital entrances.

If you use these please remember to
display your "blue badge".



Tell the nurse if you leave your car in the
car park while you are in hospital. Special
arrangements can be made in these
circumstances.

Patient Transport



If you need transport please call Patient
Transport ☎ 01803 656782 between
9.30am and 4.30pm Monday to Friday
before your appointment. You may have
to pay towards it.

Buses



Lots of buses come to the hospital

Babbacombe 33, 65	Brixham 12, 66	Churston 12, 66
Kingskerswell 12, 66	Marldon 66, 149	Newton Abbot 12, 66
Plainmoor 65	Shiphay 32, 66, SB6, 149	St Marychurch 32, 33, 65, SB5
Teignmouth 32 (Hourly)	Totnes 149	Torquay Centre 12, 32, 33, 64, 65, 149
Teignmouth, Chudleigh, Newton Abbot 40		Teignmouth, Torquay 11

When you arrive at the hospital



You may be asked to switch off your phone in the hospital. The nursing staff will let you know.



The doctors and nurses will meet you when you come to the hospital.



The nurse or doctor will put a band on your wrist with your name on it.



Please ask us if you have any questions.

Before your operation



Follow the information
in your letter.

Tell the nurse if you have a problem with your



eyes



or ears,



or if you need help

with eating



and drinking



How do you like to communicate? Do you
need help to communicate?



There will be a folder beside your hospital
bed with information.



Ask the nurse to show you how to use the
nurse call buzzer, and show you where the
toilets are.



The nurse will ask you to change clothes.

You may walk with a nurse to the operating
theatre or go to theatre on trolley/bed.



You may be asked for a urine sample.

After your operation



You will be taken from the operating theatre to a bed on a ward.

You will have a locker and a bed.



You can call a nurse.



Ask the nurse if it's ok to switch on your phone.



You may have a telephone by your bed which you can use.

The telephone costs money to use, ask someone to help you.



Please ask us if you have any questions.

Visiting Arrangements



Visitors can you on wards from

2.00 pm to 4.30 pm and 6.30 pm to 8.00 pm

Visitors are welcome to help with the care of the patient they are visiting, such as feeding.

Carers are very welcome so please ask the nursing staff if you are able to help at other times.

We are here to help



If you have any questions before you come into hospital please ring the number given on your letter.

When you are in hospital please talk to a nurse or doctor.

Contact Numbers - Health

These people can give you information about your visit to the hospital. They will help you if you have any questions.



Roz Erskine-Gray

Learning Disability Liaison Nurse
Torbay Hospital

Telephone ☎ 01803 654994

e-mail: roz.erskine-gray@nhs.net



Patient advice and Liaison Service (PALS)

Telephone ☎ 0800 02 82 037

Text Phone ☎ 01803 654742

e-mail: pals.sdhc@nhs.net



Maggie Douglas Dunbar

Dementia Specialist Nurse

Telephone ☎ 01803 655859

e-mail: maggi.douglas-dunbar@nhs.net
