



## **PATIENT INFORMATION**

### **Blood Pressure Monitor**

You have been asked to attend the hospital to collect a blood pressure monitor

#### **What does this involve?**

This test involves wearing a recorder for a period of time whilst you are at home.

#### **24 hour Blood Pressure Monitor**



This involves attaching a standard blood pressure (BP) cuff (similar to those used at GP surgeries) to your arm.

The cuff is connected to a small recorder worn in a pouch around your waist.

This recorder is programmed to take your BP at regular intervals. The recorder is worn continually

for 24 hours.

#### **How should I prepare for the monitor?**

No special preparation is needed. Clothing should be loose and comfortable, separates are ideal.

#### **When would the results of the monitor be available?**

Results are not available immediately. They will be sent to the hospital doctor who requested the test.

#### **Additional information**

If you have any questions about your appointment, please do not hesitate to contact the number below and we will be pleased to help.

 **Tel (01803) 654450**