

PATIENT INFORMATION

Blood Pressure Monitor

You have been asked to attend the hospital to collect a blood pressure monitor

What does this involve?

This test involves wearing a recorder for a period of time whilst you are at home.

24 hour Blood Pressure Monitor

This involves attaching a standard blood pressure (BP) cuff (similar to those used at GP surgeries) to your arm.

The cuff is connected to a small recorder worn in a pouch around your waist.

This recorder is programmed to take your BP at regular intervals. The recorder is worn continually for 24 hours.

How should I prepare for the monitor?

No special preparation is needed. Clothing should be loose and comfortable, separates are ideal.

When would the results of the monitor be available?

Results are not available immediately. They will be sent to the hospital doctor who requested the test.

Additional information

If you have any questions about your appointment, please do not hesitate to contact us on 01803 654450 and we will be pleased to help.

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.

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