

What to bring to the appointment

- Current glasses/contact lenses
- Any non-electrical low vision aids currently being used
- Any examples of current reading material with which help is required

Referral to the clinic

A referral must be made by a health professional (e.g. GP, Paediatrician, Optometrist, Orthoptist or Ophthalmologist. Once we receive the referral we will send an appointment to your child in the post.

Cancellation or changing of appointments

Contact details

Torbay Hospital

01803 656368 / 656299

 TorbayAndSouthDevonFT

 @TorbaySDevonNHS

www.torbayandsouthdevon.nhs.uk/

<http://www.rnib.org.uk>



www.moorvision.org



www.rsbc.org.uk



For further assistance or to receive this information in a different format, please contact the department which created this leaflet.



Torbay and South Devon
NHS Foundation Trust

PATIENT INFORMATION

Paediatric Low Vision Clinic

Paediatric Low Vision Clinic



Orthoptic Department

01803 655337

Working with you, for you

Low vision assessment

If your child's eyesight cannot be improved by spectacles or medical treatment, a referral may be made to the children's low vision clinic.

What to expect at the visit

The aim of the clinic is to investigate what your child is able to see and to discuss practical solutions including **optical aids** to help your child where possible.

The Orthoptist you see will also be able to offer advice and information to maximise your child's visual potential such as **lighting, colour contrast** and **font size**.

The Paediatric Low Vision Team

The clinic is part of a multi-disciplinary low vision service centred around your child's individual requirements.

Professionals involved include;

- The Ophthalmic team-

Ophthalmologist (eye doctor),
Orthoptist (specialist in diagnosing and treating disorders of vision, eye movement and binocular vision) and
Optometrist (assess the need for glasses)

- Teacher for the Visually Impaired-

Qualified teacher trained to assess and manage the needs of children with visual impairment in school.

- Rehabilitation office for the visually impaired-

Specialist in the practical aspects of vision loss

What to expect at the first visit

The length of the appointment varies from child to child, a typical assessment would take about 40 minutes and follow-up appointments may be shorter.

There will be opportunity to discuss any visual concerns and difficulties experienced at school at home.

An assessment of visual function will be performed followed by a trial with any suitable optical aids.