

Otoform Device – Care Instructions



- You have been issued with an Otoform toe device.
- Please bring it with you each time you attend.
- Otoform is a silicone material to which a catalyst has been added to harden it.
- Your Otoform is designed to redistribute pressure.
- Allow your device to harden for at least three hours before wearing it unless stated otherwise.
- Initially, we recommend that you wear your device for 2-4 hours only for the first day to ensure it is comfortable.

- Check your toe (s) daily for signs of blistering or rubbing.
- If your device is not comfortable, do not wear. Please bring it with you when you next attend your podiatry clinic.
- If your device is comfortable, then wear it daily and remove it at night.
- Place your device in a plastic box at night to ensure it is not damaged (dogs love to eat them!).
- We advise you to gently wash the device by hand in warm soapy water at least once a week.
- Your device will only be comfortable if you have enough room in your shoes to accommodate it.
- It is essential that you follow any footwear advice you have been given.
- If worn correctly and looked after carefully, the device will last for several months.
- Due to the cost to the department, unfortunately we cannot issue spares for frequent replacements due to loss of the device.
- If you are receiving on-going podiatry treatment, the device will be replaced when it becomes worn.
- If you are being discharged at the end of a course of treatment, you will be advised about suitable alternatives.

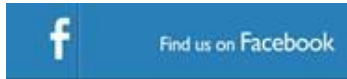
Please contact the podiatry department on 📞(01803) 217711

If you:-

- have any questions about the information in this leaflet.
- require further information.
- require this leaflet in a different format.

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PATIENT INFORMATION

Toe Supports Otoform Device

Department of Podiatry
and Foot Health

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.