



***PATIENT INFORMATION***

# **Intentional Rounding (care) SSKIN Care Bundle Comfort Rounding**



Explaining Intentional Rounding  
for patients and carers

The Trust takes patient safety very seriously and we want to ensure that patients receive the best possible care. 'Intentional Rounding' (sometimes referred to as Intentional Care) is an approach that helps to reduce the likelihood of a fall as well as assessing and monitoring skin care for pressure ulcer prevention.

## What is Intentional Rounding?

Intentional Rounding enables staff to see patients, at specific intervals, to address the needs of each individual in an organised way.

## Advice for patients

Approximately every one to two hours (dependant upon individual requirements) a member of staff will introduce themselves and ask a series of questions relating to your care.

For example this may include:

- Whether you require a drink / mouth care
- Offering bathroom assistance
- Repositioning / comfort / pain relief
- Placing bedrails up or down - depending on assessment
- Checking the call bell is in easy reach
- You will also be asked if you have any other needs

A checklist will be completed and left at your bedside.



## Key points

Intentional Rounding is important to help us reduce falls and pressure ulcers (research shows, by up to 60 per cent) . If you have been identified as being at a higher risk of falling, or potentially developing pressure damage, staff will set up Intentional Rounding as part of your care.

Observations will still be taken when you are asleep and recorded on your checklist. These observations should not disturb your sleep.

## Why we use this approach

Evidence shows that regular patient checks help to reduce falls, skin damage, pain, incontinence and dehydration.

This approach will help to keep you safer whilst you are with us and should help you to get home sooner. With regular checks you should receive an enhanced quality care by increasing contact time with staff. It could involve any of the team members on the ward.



## Further advice

If you are a relative, carer or friend you can help the patient and staff by:

- Bringing in sensible footwear for day and nightwear i.e. shoes / well fitting slippers. (not backless slippers) Shoes improve mobility and therefore aid recovery
- Report any fluid spills or hazards, such as trailing wires, to the staff
- Leave the patient's room / bed area tidy by replacing chairs if you are able
- Replace bed tables and call bells if moved during your visit
- Take home any unnecessary items to reduce clutter



## Planning for discharge

If you have any concerns about your discharge please talk to a member of the team who can discuss your worries and arrange for any further advice and support you may need.

**For further advice please contact the Lead Nurse for Falls  
01803 655859 or the Tissue Viability Team 01803 655814**

This document can be made available in other languages  
and formats. For more information telephone

01803 655859/655814