



PATIENT INFORMATION

GASTROENTEROLOGY DEPARTMENT ENDOSCOPY AFTERCARE SHEET

COLONOSCOPY/FLEXIBLE SIGMOIDOSCOPY (Sedation)

1. You should not sign legally binding agreements for 24 hours.
2. Please do not drive your car or operate any machinery for 24 hours.
3. Please do not drink any alcohol for 24 hours.
4. You may drink any other fluids.
5. You may eat as normal.
6. You may experience a little bloating with wind pains or spots of blood, but these usually settle quickly.
7. Go home and take a well earned rest!

If you experience severe pain in your lower abdomen you should return to the Hospital Accident and Emergency Department. Any other non-urgent concerns can be made through the Endoscopy Unit on:

Tel: (01803) 654863

Monday-Friday between 08:30am and 5:30pm.

Please ask to speak to your named nurse who was.....

If you have any urgent concerns outside of these hours then please telephone switchboard on (01803) 614567, and ask for bleep 110.

(Please Turn Over Page)

What happens next?

- You may receive a letter within the next 2 weeks from your consultant to let you know any results still outstanding or if they wish to see you in clinic.
- If you have not heard anything within 3 weeks, please call your GP surgery for your results.
- The Medical Appointments Bureau will contact you in due course to arrange your follow up appointment if required.

Repeat Procedures

Depending on the results of your procedure, you may be asked to attend for a repeat procedure in a year or more. We will contact you one or two months before that appointment to pre-assess you.