## South Devon Healthcare <br> NHS

## PATIENT INFORMATION

## GASTROENTEROLOGY DEPARTMENT ENDOSCOPY AFTERCARE SHEET ERCP ((Endoscopic Retrograde Cholangiopancreatography)

1. You should not sign legally binding agreements for 24 hours.
2. Please do not drive your car or operate any machinery for 24 hours.
3. Please do not drink any alcohol for 24 hours.
4. You may drink any other clear fluids.
5. You should refrain from eating if possible until breakfast tomorrow.
6. You may experience a sore throat for 24 hours this is quite normal and will subside within a day or so.
7. Go home and take a well earned rest!

Following an ERCP, There is a small risk of:

- Inflammation of the pancreas. This is called "pancreatitis", it can be painful and usually requires some days in hospital for intravenous fluids and painkillers.
- Bleeding. If a cut is made into the bile duct to remove a stone, there is a risk of bleeding. This can often be treated straight away through the endoscope and is rarely a major complication.
N.B. If you experience severe pain in your abdomen, high temperature or uncontrollable shaking/shivering, you should return to the Hospital Accident and Emergency Department. Any other non-urgent concerns can be made through the Endoscopy Unit on:

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\text { Tel: (01803) } 654863
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Monday-Friday between 08:30am and 5:30pm.
Please ask to speak to your named nurse who was $\qquad$
If you have any urgent concerns outside of these hours then please telephone switchboard on (01803) 614567, and ask for bleep 110.

## South Devon Healthcare W/HS

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## What happens next?

a) Please call your surgery for your results in approximately 3 weeks.
b) The Medical Appointments Bureau will contact you in due course to arrange your follow up appointment if required.
c)

