



PATIENT INFORMATION

GASTROENTEROLOGY DEPARTMENT ENDOSCOPY AFTERCARE SHEET

FLEXIBLE SIGMOIDOSCOPY (No Sedation)

1. You may resume your usual diet and drink as normal.
2. You may resume your normal activities as soon as you feel comfortable to do so.
3. You may experience a little bloating with wind pains or spots of blood, this is normal and usually settles quite quickly.

N.B. If you experience severe pain in your lower abdomen you should return to the Hospital Accident and Emergency Department. Any other non-urgent concerns can be made through the Endoscopy Unit on:

Tel: (01803) 654863

Monday-Friday between 08:30am and 5:30pm.

Please ask to speak to your named nurse who was.....

If you have any urgent concerns outside of these hours then please telephone switchboard on (01803) 614567, and ask for bleep 110.

What happens next?

- You may receive a letter within the next 2 weeks from your consultant to let you know any results still outstanding or if they wish to see you in clinic.
- If you have not heard anything within 3 weeks, please call your GP surgery for your results.
- The Medical Appointments Bureau will contact you in due course to arrange your follow up appointment if required.