



**PATIENT INFORMATION**

**GASTROENTEROLOGY DEPARTMENT ENDOSCOPY AFTERCARE SHEET**

**GASTROSCOPY (Sedation)**

1. You should not sign legally binding agreements for 24 hours.
2. Please do not drive your car or operate any machinery for 24 hours.
3. Please do not drink any alcohol for 24 hours.
4. You may drink any other fluids.
5. You may eat as normal unless specified here:-  
.....
6. You may experience a sore throat for 24 hours, this is quite normal and will subside within a day or so.
7. Go home and take a well earned rest!

N.B. If you experience severe pain in your neck, chest or abdomen you should return to the Hospital Accident and Emergency Department. Any other non-urgent concerns can be made through the Endoscopy Unit on:

Tel: (01803) 654863

Monday-Friday between 08:30am and 5:30pm.

Please ask to speak to your named nurse who was.....

If you have any urgent concerns outside of these hours then please telephone switchboard on (01803) 614567, and ask for bleep 110.

**What happens next?**

- a) Please call your surgery for your results in approximately 3 weeks.
- b) The Medical Appointments Bureau will contact you in due course to arrange your follow up appointment if required.
- c) .....