



PATIENT INFORMATION

GASTROENTEROLOGY DEPARTMENT ENDOSCOPY AFTERCARE SHEET

GASTROSCOPY (SPRAY)

1. You may experience a sore throat for 24 hours this is quite normal and will subside within a day or so.
2. You may resume your usual diet and drink normally once your named nurse has said it is safe for you to do so.
3. You may resume your normal activities once you have been discharged.

N.B. If you experience severe pain in your neck, chest or abdomen you should return to the Hospital Accident and Emergency Department. Any other non-urgent concerns can be made through the Endoscopy Unit on:

Tel: (01803) 654863

Monday-Friday between 08:30 am and 5:30 pm.

Please ask to speak to your named nurse who was.....

If you have any urgent concerns outside of these hours then please telephone switchboard on (01803) 614567, and ask for bleep 110.

What happens next?

- a) Please call your surgery for your results in approximately 3 weeks.
- b) The Medical Appointments Bureau will contact you in due course to arrange your follow up appointment if required.
- c)