

PATIENT INFORMATION

Advice to Patients on Tamoxifen Regarding Risk of Thrombosis (PC18)

This is intended to supplement drug information you have had already.

We are often asked about advice for our patients on Tamoxifen, either having a long haul flight or surgery. Our advice is as follows:

1. SURGERY

Any surgery that would result in a period of immobility such as a hip replacement, we would advise stopping Tamoxifen for 2 weeks prior to the operation and only re-starting once you are fully mobile again.

We feel this should also apply in the event of a fracture where you are in a plaster cast and we would suggest your stopping Tamoxifen whilst the cast is in place and re-starting when it is removed.

2. LONG HAUL FLIGHTS

Evidence for Tamoxifen management in this situation is far from clear. We certainly do not recommend stopping the Tamoxifen, advice would be take plenty of fluids, avoid alcohol, keep up leg exercises and wear appropriate airline socks, but we are sometimes asked whether Aspirin 75mgs should be taken. There is no evidence for or against this. We do not necessarily recommend the use of Aspirin, provided you are able to comply with the advice above.

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.

Working with you, for you