



PATIENT INFORMATION

TORBAY WOMEN'S HEALTH UNIT **Induction of Labour**

An appointment has been made for you to attend John Macpherson Ward on level 3, Women's Health Unit for induction of labour.

DATE:

Please phone the ward on **01803 654604** at **8am** on that morning to confirm bed availability. You will be given a time to attend. Please be ready as you may be asked to attend the unit by 9am.

Occasionally, if the antenatal ward is full your induction may need to be postponed or rearranged.

General Information:

- Have some breakfast as usual.
- Remember to bring your hospital notes and personal belongings. (Please keep bags to a minimum as there is limited storage space)
- When you are admitted for induction of labour on John Macpherson Ward please note that only 1 birth partner may accompany you.
- Information about visiting times is available from the ward and is strictly adhered to. Please keep family and friends informed of your progress and ask them to avoid phoning the ward, unless it is urgent.
- It may be useful to bring some loose change, books or magazines and snacks for your birth partner.
- Vending machines are available for drinks; there is a shop which sells sandwiches etc on Level 4 of the main hospital, and hot food is available from the main restaurant.
- Torbay Hospital operates a 'no smoking' policy and no smoking is permitted within the hospital or grounds.
- Please note there has been a change to the drug used for induction (as mentioned on page 6 of the NICE guideline induction leaflet). At present we are using one 24 hour pessary which is similar to a tampon. **Please do not hesitate to ask if you have any questions regarding your induction.** Generally your community midwife can help you with this.

- It is the policy of this Maternity Unit to book induction of labour at Term+12 (41 weeks plus 5 days) unless medically indicated to do so earlier. If you are booked for induction earlier than this, for any reason, and labour does not start after the first attempt (ie the induction is unsuccessful) you will go home and we will rebook your induction for Term+12.

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