



PATIENT INFORMATION

Thyroid cancer tracker

You have been treated for a thyroid cancer. Your doctors have assessed your cancer as 'low risk'.

What does low risk mean?

Your consultants will assess your risk by considering any medical problems as well as your blood and scan results since your treatment finished.

The British Thyroid Association guidelines (2014) advise us that patients with low risk thyroid cancer can be followed up by healthcare professionals other than an oncology consultant.

What is the thyroid tracker?

The tracker is a database that can store your blood results, email them to your GP for prompt action if required as well as send you copies of your results and reminders for when your next blood tests are due.

The tracker offers a convenient, time saving way of follow up for patients, reducing the need for repeated outpatient appointments, improving the patient experience. The tracker is managed by our endocrine and thyroid cancer nurse specialists who:

- Have expertise in thyroid and cancer care and management.
- Work in close liaison with the thyroid multidisciplinary team and under the supervision of consultant oncologist, endocrinologist and head& neck surgeon

Will I be seen by my doctor at any time?

Abnormal results will be discussed fully with your consultant. He/she may decide to see you again in their clinic and the specialist nurses will inform you of this.

The specialist nurses will contact you by telephone periodically and will refer to your consultant for further advice if you have any concerns such as:

- voice changes,
- a new lump,
- an on-going sore throat

Contacts:

- • Head and Neck Specialist Nurses ☎ (01803) 655044
- • Endocrine Clinical Nurse Specialist ☎ (01803) 656019