

What Services are provided?

- **Carers Support work**
For those affected by another's drug use
- **Blood Borne Virus screening and immunisation and referral into specialist BBV treatment services.**
- **A dedicated alcohol service**
(on-site) at Torbay Hospital
- **High Intensity Psychosocial Services**
- **1:1 psychosocial interventions**
- **Clinical assessment**
- **Training and support to other agencies**
- **Therapeutic groupwork programme**
- **Drug testing**
- **Prescribing service**

Are there other Support Agencies?

- **The Jatis Project-Abstinence**
based supported accommodation and Group work
- **TRIP -Torbay Recovery Information Project**
- **SMART Recovery**
- **Narcotics Anonymous**
- **Alcoholics Anonymous**
Please ask your recovery coordinator for contact details

This document can be made available in other languages and formats. For more information telephone 01803 219700



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Partners in Care

Be a Part of the Torbay Recovery Partnership

This leaflet provides a general overview of what is available to support you in your recovery from problematic substance use.



If you have any questions please contact either:

Walnut Lodge 01803 604330
Or
Shrublands House 01803 291129

Working with you, for you

Questions that you may have...

What are the aims and objectives of Recovery Focused Drug Treatment?

- To support people in their personal recovery from dependence on substances.
- To enable individuals to build a brighter future for themselves away from problematic drug use.
- To reduce the harm that substances cause to the person, their families and the wider community.



What Services are provided?

- **Initial and Comprehensive Assessment**
- **Ongoing Care Coordination**
- **Ongoing review of progress**
Informed by agreed Individual Recovery Plans
- **1:1 Support**
That is tailor-made to meet people's specific needs.
- **'Focus on Recovery' Group work**
- **'Recovery Capital' Group work**
- **'Prep for Change' Group work**
- **Access into residential rehabilitation and coordination of placements**
- **'Introduction to Treatment' sessions;**
'Straight Ahead' (3 workshops)
'Moving On' (1 workshop)
- **Peer support**
- **Volunteering opportunities**
- **Substitute prescribing**
For dependency on opiate based substances such as heroin, 'street' methadone or Buprenorphine, and prescribed medication such as Codeine
- **Medical appointments**
At Walnut Lodge & Shrublands House
- **Recovery Worker appointments**
At Walnut Lodge, Shrublands House, other community venues and home visits
- **Prescribing and support for alcohol detoxification**
- **A dedicated specialist 'Substance Misuse' Health Visitor**
- **Child care provision**
To help with attending appointments at the service