

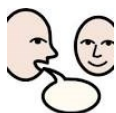
The Team involved in your care may include:



Physiotherapists



Occupational Therapists



Speech and Language Therapist



**Assistant Practitioners and
Rehabilitation Support Workers**

General information on Support



Tel: 0303 3033100
www.stroke.org.uk



Tel: 020 8438 0700
www.mssociety.org.uk



the brain injury association

Tel: 0808 800 2244
www.headway.org.uk



Partners in Care

Providing rehabilitation to help you achieve your potential

**The Community Teams work:
Monday to Friday
9.00am - 4.00pm**

**Should you require assistance
outside these hours please contact:**

- Your own GP
- In an emergency dial 999, for non urgent queries please call NHS 111
- Adult Health & Social Care
01803 219700
(Torbay Council Residents)
- Care Direct (Social Care)
0345 155 1007
(Devon Council Residents)
- The Duty therapist on 01626 324553

This document is available
in other languages and formats. For
more information telephone
01626 324510



www.torbayandsouthdevon.nhs.uk/



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[@TorbaySDevonNHS](https://twitter.com/TorbaySDevonNHS)

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Torbay and South Devon **NHS**
NHS Foundation Trust

Community Neuro Rehabilitation Team

Information for patients, relatives & carers



**Community Stroke & Neurological
Rehabilitation Team**

**Tel: 01626 324510 or
01803 547157**

Email : tsdft.neuroteam@nhs.net

**The Community Teams work
Monday to Friday
9.00am - 4.00pm**

**There is an emergency service at
weekends**

Working with you, for you

About the Service

- We will contact you within **3 working days** of your hospital discharge if you are referred by a hospital team.
- If you are already at home and referred by your GP or other community health professional we aim to see you within **4 weeks**. If you are concerned that your needs are very urgent and you are unable to wait please contact us.
- We will ask you to attend a gym or clinic for your appointments or visit you at **home** if you are unable to leave the house.
- We provide **assessment** and together we work towards your personal **rehabilitation goals** to help you improve your abilities and function in day to day life.
- We will work closely with **you and your relatives and carers** and give you things to work on between sessions.
- You will be **discharged** after a course of treatment focusing on your specific goals, **typically** this could be up to 4-6 weeks.
- When we believe that you and your relatives and carers can **self-manage your condition** we will discharge you however you can **self-refer** back if things change.

You may need help and advice about any of the following



Movement



Communication



Personal Care



Kitchen Skills



Eating and Drinking



Medication Support



Getting out and about



Work and Hobbies



Intimacy & Sex



Carer support and onward referral