

What do I need to take with me?

- ◇ Any tablets, medicines or inhalers that you are taking
- ◇ Dressing gown, slippers and night wear
- ◇ Toiletries
- ◇ Dentures, dressings or incontinence pads if you use them
- ◇ Clothes and shoes (if possible ensure clothes are marked with your name)
- ◇ Glasses (if used)
- ◇ Hearing aid (if used)
- ◇ Your walking aid i.e. a frame or stick
- ◇ Door key (the care home can keep this in a safe for you)
- ◇ Name and contact numbers of relatives or friends
- ◇ Something to keep you amused such as a book or magazine
- ◇ Please do not bring any valuables with you other than some small change



Partners in Care



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This document can be available in other languages and formats. Please ask a member of the Intermediate Care Team

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Intermediate Care in Torbay

**Short term admission
to a care home**

**Paignton and Brixham
Intermediate Care Team**
Fairweather Green
Paignton Hospital
Church Street, Paignton
TQ3 3AG

Tel: 01803 881327

Customer Service Centre
Tel: 01803 219700

Working with you, for you.

What is going to happen?

The Intermediate Care Team have arranged a short term placement for you for approximately 7 days to help you recover from your recent difficulties and support your return home again.

This care is being funded by Torbay and South Devon NHS Foundation Trust under Intermediate Care.
There will be **no charge** to you.

If you have an existing package of care from the Care Trust, this will be placed 'on-hold' whilst you are in placement.

During your stay the Intermediate Care Team will assess your needs and work with you to support you in your rehabilitation.

Where will my placement be?

Name of care home:

Address:

Post code:

Tel: 01803

What will happen when it is time for me to leave?

Once your recent difficulties have stabilised, the Intermediate Care Team will discuss any future care needs with you and will make a plan for your discharge.

This may include an assessment for a longer term placement or other support services such as domiciliary care, which may **incur a charge** to you. If this is the case a finance and benefits assessment will be offered to you.

The Intermediate Care Team will review you at home following your discharge.

Who do I contact if I have a concern or question?

If you or your family have any concerns, please discuss these with a member of the Intermediate Care Team or a Health and Social Care Co-ordinator on the telephone number on the front of this leaflet.

Out of hours please call:

Weekends and bank holidays (except Christmas Day) 09:00-17:00 please call:

Weekend Intermediate Care Team, 01803 547097

Between the hours of 18:00 - 08:00 please call:

Emergency Duty Service (EDS), 0300 456 4876