

## Referral pathways

Referral form available either electronically or hard copy  
Contact Walnut Lodge on **01803 604330**

### In pregnancy:

Intra-agency communication form via midwife  
GP  
Recovery Worker at Walnut Lodge or Shrublands  
Children's Services  
Police  
Jatis project  
Action for Children

### Children aged 0-5

All of the above, including  
Health Visitors / School nurses  
Nursery / School  
Young Carers  
CAMHS  
Universal services

### Children aged 5-19

(For consultative advice or joint visiting)  
All of the above



Are you thinking about your drinking?

Torbay Alcohol Service provides a wide range of support and advice for those whose alcohol use is causing them concern. Please visit the website at [http://](http://www.torbayandsouthdevon.nhs.uk/services/drug-and-alcohol-service/)

[www.torbayandsouthdevon.nhs.uk/services/drug-and-alcohol-service/](http://www.torbayandsouthdevon.nhs.uk/services/drug-and-alcohol-service/)  
or call **01803 604334**

Do you or someone you know have a drug problem and want help?

Open access sessions and appointments are available

Call or text the Open Access Worker on **01803 604330** or **07825 027845**

This document can be made available in other languages and formats. For more information telephone 01803 219700



[www.torbayandsouthdevon.nhs.uk](http://www.torbayandsouthdevon.nhs.uk)



[www.facebook.com/torbayandsouthdevonFT](https://www.facebook.com/torbayandsouthdevonFT)



[@tsdft\\_nhs](https://twitter.com/tsdft_nhs)

Ref: Centre/Issue– Date Updated



Partners in Care

25263 V2/Community/TSDFT/11.16/Review Date 03.19

Torbay and South Devon **NHS**  
NHS Foundation Trust

## Specialist Health Visitor Substance Misuse

*Targeted, intensive health visiting support to families accessing drug or alcohol treatment and recovery*



Walnut Lodge  
Walnut Road  
Chelston, Torquay  
TQ2 6HP  
Tel: 01803 604330  
Fax: 01803 604359

*Working with you, for you*

## What we provide

The Specialist Health Visitor offers intervention and support to children and families affected by substance misuse

The capacity to hold a complex caseload of families with children aged five or under affected by substance misuse

Families working with us will receive a structured programme of intensive health visiting, including the Healthy Child Programme, for up to two and a half years, or older if needed.

Parenting support — and a partnership approach to working with our clients

Specialist Health Visitor support to families accessing non-prescribed treatment

Consideration of perinatal and infant mental health throughout contact with families

Family support for up to eight weeks to enable transition to generic health visiting; post discharge from Specialist Health Visitor

Substance use advice, consultation and joint visiting with generic health visiting

The flexibility to offer client contacts at times to meet the needs of the family, outside of core service hours

## What we provide

Commitment to various professional and strategic aspects of role;

Attendance at clinical meetings to provide family focused advice to keyworkers working with parents in treatment

Holding and maintaining a central register for Medicine Storage Boxes

Providing 'parenting capacity within substance use' training to a range of staff and students

Safeguarding action learning set provision to substance misuse staff

Joint multi-agency consultative work to encourage parents or carers into treatment

Joint visiting with Devon Partnership Trust and TSDFT staff, midwifery, Children's Services and other agencies, for children aged 0-19



## Caseload inclusion criteria

Parents and parents-to-be over the age of 18 misusing drugs, and or alcohol

Families with complex needs where parent or carers are in drug or alcohol treatment or recovery with children aged five or under

Parents or carers in structured prescribed drug or alcohol treatment or recovery, with children aged five or under

Parents or carers accessing non-prescribed treatment with children aged five or under

Families who are resident within Torbay

Parents or carers consenting to support from Specialist Health Visitor

## Caseload exclusion criteria

Parents under the age of 18

Parents or carers decline consent for Specialist Health Visitor support

Families where children are not resident with their parents or carers

Families living outside of Torbay area

Specialist Health Visitor caseload at capacity

Non-complex family where support can be given to the generic health visitor

**All children will have a named Health Visitor allocated if not taken onto the SHV caseload**