



PATIENT INFORMATION

Fasting gut hormones blood tests for gastroenterology investigations

Your doctor has recommended that you have blood tests to measure your fasting gut hormones.

Please attend the Hutchings Unit, level 8 on:
at:

Preparation for the test

- **Do not eat after midnight on the night before this test, but you may have water.**
- **If you are taking indigestion medicines, for example Omeprazole (Losec), or Lansoprazole, you should not take these medicines for at least two weeks before this test as these can interfere with the test.**
- **If you are worried about stopping your medication please discuss this with your doctor who requested the test or the nursing team on Hutchings Unit telephone 01803 655919**
- **To help control symptoms you can take short-acting Gaviscon liquid until you have had your blood tests, or ranitidine 150mg twice a day up until 72 hours before the test**

The visit will take a short time only. Once you have had your blood tests, the nursing staff will give you something to eat and drink.

Your results will be reviewed by the doctors, who will inform you and your GP of your results and any changes to treatment or medication by letter.

The timing of endocrine tests is important so please attend at the time specified on your appointment letter. If you are unable to keep your appointment, please contact the department and we will rearrange it for you.

If you develop significant symptoms having stopped your normal indigestion medication such as abdominal pain, diarrhoea or passage of blood then please restart your normal medication and seek medical advice promptly.

If you have any questions about your test please contact the Hutchings Unit on 01803 655919