

## PATIENT INFORMATION

# Fentons Procedure

This leaflet explains more about the Fentons procedure, including the benefits, risks, any alternatives and what you can expect when you come to hospital. If you have any further questions, please speak to a Doctor or Nurse caring for you.

### **What is a Fentons procedure?**

A Fentons procedure is performed to remove scar tissue or an area of tightness around the entrance to the vagina. The area is re-shaped by trimming and stitching the affected area under either a general or local anesthetic.

### **Why should I have a Fentons procedure?**

Your health professional may recommend this procedure to help make the area more comfortable or to relieve pain during intercourse that is caused by scar tissue.

### **What are the risks?**

As with all procedures, there are associated risks. If the procedure does not work, it may cause more scar tissue to develop if you are prone to scarring. There are also minor risks of bruising, bleeding infection and pain.

### **Are there any alternatives?**

Alternatives to the procedure include:

- Use of local anaesthetic creams to help with pain
- Massage of the affected area
- No treatment

### **After your surgery:**

You will have some discharge/bleeding which can continue for 2-4 weeks. To minimize the risk of infection please use sanitary towels. You should not use Tampons while you are bleeding or passing discharge. It is advisable not to use tampons until after your next period.

Sexual intercourse should also be avoided for 2-4 weeks to allow healing to take place.

You can take a bath or shower 24 hours after the procedure.

You may experience mild to moderate pain following surgery. You should take pain relief such as paracetamol, following the instructions on the packet. You may also be given pain relief on discharge, if so, please take these as prescribed.

It is quite normal for the operation site to feel sensitive and for a small amount of bruising to be present.

Stitches are usually absorbable, which means they will disappear on their own.

### **Contact Us:**

If you have any questions or concerns about your Fentons procedure, please contact: Gynecology Nurses 01803 656877.

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For further assistance or to receive this information in a different format, please contact the department which created this leaflet.