



PATIENT INFORMATION

Dermatology Polyclinic

You have been given an appointment in the “Dermatology Polyclinic”. This is a clinic with a new format to provide you with a more efficient and higher quality service.

The Polyclinic is run by a consultant dermatologist along with Dermatology Specialist Nurses, a Specialty Doctor in Dermatology and support from Dermatology Surgical Nurses.

- Initially, you will be seen by one of the Specialist Nurses/ Specialty Doctor who will ask about your skin problem and medical background, examine the problem areas of skin and offer you a full body skin check. We offer the full body check to everyone but you are free to decline if you would prefer.
- The consultant dermatologist will then see you and give an opinion on your skin problem along with a management plan.
- If treatment or investigation is required, you will be given the appropriate information and the opportunity to discuss any options.
- Your clinic appointment should take around 30mins.
- If a biopsy or small excision of skin is needed then, where possible, we will try to perform this on the day of your appointment. It is necessary to be prepared for this and to allow a further 30 to 60 minutes for the procedure to be done.
- All procedures are performed using very effective local anaesthetic.
- If you are taking any medicines that make you bleed for longer please let us know. If you are taking WARFARIN, please have your INR checked, at your GP surgery, up to 3 days before your appointment. If the INR is 3, or more, then the procedure would need to be arranged on another day.
- If you are likely to have a procedure on your head, neck, hands, arms, feet or lower legs then it will not be safe for you drive on the day and your insurance may not cover you. Please have someone to bring you to, and from, the appointment, or arrange a taxi.
- If your skin problem is covered by a dressing, please bring spare dressings with you.

As there will be a large number of patients (about 21) booked on the Polyclinic and all will be reviewed by the consultant, it is very important that you are punctual with your appointment. We may not be able to see you if you are late. Please allow sufficient time for your travelling and parking.