



PATIENT INFORMATION

Suppression Therapy Programme for patients

Suppression Programme for Patients

Please start treatment 2 days prior to admission for your operation.

1. Shower/bathe/wash daily using chlorhexidine 4% cleansing solution (also known as Hibiscrub) as a soap and shampoo for a total of five days. Please use clean disposable flannel each day.
2. Insert Mupiricin nasal gel 2% (Bactroban Nasal[®]) three times a day to both nostrils for five days. If Mupirocin (Bactroban Nasal[™]) is not available you will be given Octenisan nasal gel instead this inserted into both nostrils, twice a day, for five days. **If Mupiricin and Octenisan are unavailable then you may be given Naseptin (chlorhexidine dihydrochloride 0.1% and neomycin sulphate 0.5%). Insert into both nostrils four times daily for 10 days. Naseptin contains Arachis oil (peanut oil) and should not be used if allergic to peanuts. As there is a possible relationship between allergy to peanuts and allergy to Soya. If there is Soya allergy then avoid Naseptin.**
3. Ensure that clean bed linen and nightwear are used on the first night of the suppression therapy and then on completion.

Please continue this for 3 days including the day of operation and 2 days after. If you are going to be an inpatient please let the admitting nurse know you have started this treatment and need to continue.

Please ensure that this treatment is brought into hospital with you.