

PATIENT INFORMATION

Post Treatment Low Risk Endometrial (Womb) Cancer - Telephone Follow-up

Following up after your treatment

We are happy to confirm that your womb cancer has been staged and graded, and found to be Low Risk. As an alternative to hospital follow up visits we can telephone you at home. You will be contacted and asked a series of questions about your health and any symptoms that you may be experiencing. This is called the Telephone Follow up Service.

What is a telephone follow-up clinic?

Early stage cancer is safe to manage on telephone based follow up service and instead of visiting the hospital Gynaecology Outpatient Department; the Gynaecology Oncology Clinical Nurse Specialist will contact you using the approved number given by you. This will still be at an arranged time.

How long are you followed up for?

On completion of your treatment you will require follow ups at the following time

First and Second Year	Every Four Months
Third Year	Every Six Months

You can also contact the Gynaecology oncology Clinical Nurse Specialist on a SOS basis if require help or support

What are the benefits?

- Fewer visits to hospital
- No problems with hospital parking
- No transport costs
- No time off work
- Possibly less anxiety

How does the clinic work ?

You will receive an appointment letter advising you of the date and time the Clinical Nurse Specialist will telephone. If this appointment is inconvenient there will be a number to phone to rearrange a further appointment at a time suitable for you.

On the date and time of the appointment, the Clinical Nurse Specialist will telephone you. They will confirm that you are still willing to be assessed over the telephone.

The assessment will include;

- Questions about any symptoms you may be experiencing
- Your general health
- Any queries you may have

If needed the Nurse Specialist will arrange an appointment for you to see the Consultant within a few days.

Arrangements will then be made for your next telephone follow up appointment.

A letter summarising the call will be sent to your GP and you can have a copy if you wish.

Please allow up to 15 Minutes for your follow up phone call. Please let us know if this appointment is not convenient.

Your Consultant will continue to monitor your care

Please contact the Gynaecology Oncology Specialist Nurses if you have any of the following symptoms between telephone appointments

- Vaginal bleeding
- Blood stained vaginal discharge
- Unexplained change in Bowel motions
- Problems with your bladder
- Unexplained pain that lasts more than three weeks
- Unusual lump/swelling anywhere in your body
- Unplanned weight loss

If you have any queries, Please contact the Gynaecology Nurse Specialists

Gynaecology Oncology Nurse Specialist 01803 654627
Gynaecology Oncology Nurse Specialist 01803 654627

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.