



PATIENT INFORMATION

Bladder Control Problems or Pelvic Floor Weakness?

Specialist NHS Physiotherapy can help – and now you can refer yourself!



No leak is normal – even a little one!

If you are female and over 16 we can help with the following:

Bladder leaks – Prolapse
Bladder urgency & frequency
Pelvic floor weakness

**Refer yourself and take control!
Call us on: 0300 0040335**