

Wheeze Management Plan

Name:

Date:

Date of birth:

GP:

Discharge home following an exacerbation of asthma.

When your child is discharge home following an exacerbation of asthma, they will require more reliever medication. This will be gradually reduced using the following guidelines.

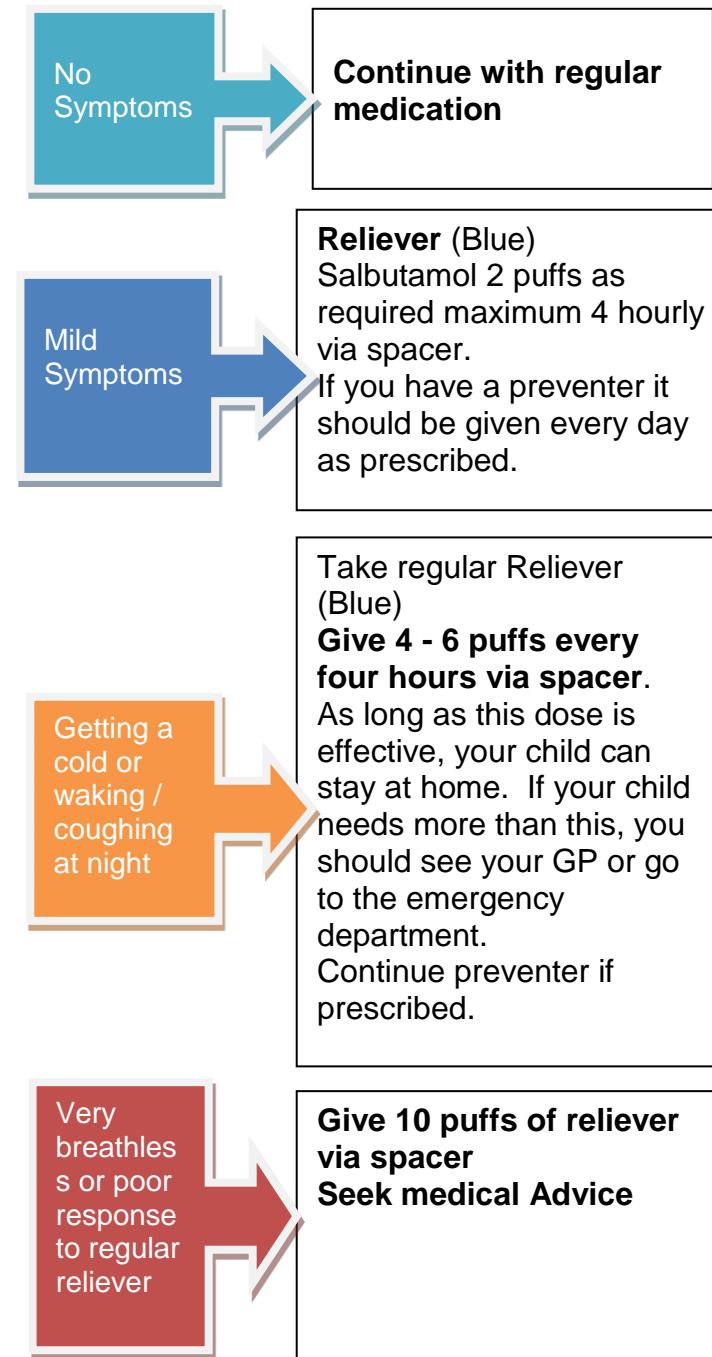
Dose of Reliever (Blue Salbutamol inhaler) via spacer

DAY 1	8-10 puffs	6 times a day (4 hourly)
DAY 2	4-6 puffs	4 times a day (6 hourly)
DAY 3	4-6 puffs	3 times a day (8 hourly)
DAY 4	2-4 puffs	2 times a day (12 hourly)

Other treatments:

Follow up:

We would suggest you see your asthma nurse or GP within 48 hours.



EMERGENCY: 999

It is safe to give another 10 puffs while waiting.

If your child has any of these symptoms, you must call an ambulance:

- Too breathless to speak a full sentence
- Floppy or unresponsive
- Pale and grey or blue
- Very rapid breathing rate
- Severe tugging in at the neck or between the ribs

For more information contact:

Short Stay Paediatric Assessment Unit

**Telephone
01803 655492**

**Monday to Friday
8:30am to 9:00pm**



**PATIENT
INFORMATION**

Patient Information Service

Louisa Cary Children's Ward
Short Stay Paediatric
Assessment Unit

**Information for
parents/carers on
ASTHMA**

