

## PATIENT INFORMATION

# Interaction Strategy: Face to Face

### Speech and Language Therapy Factsheet

#### How does this strategy help?

- It helps our interaction and communication.
- It helps my child to make eye-contact more easily.
- My child can more easily see my focus of attention, facial expressions, mouth movements and body language.
- I can more easily see my child's focus of attention, facial expressions, mouth movements and body language.

#### What should I do?

##### Position myself:

- **Up close** to my child.
- **Opposite** my child so that we are face to face.
- At the **same eye-level** as my child.

**Adjust** my position when my child moves.

##### Examples

- When my child plays on the floor, I **lie on my tummy opposite** him.
- I **sit my child facing me on my knees** when we are singing together.
- When my child sits on a chair to look at a book, I **sit on the floor facing her**.

[www.childrenandfamilyhealthdevon.nhs.uk](http://www.childrenandfamilyhealthdevon.nhs.uk)

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For further assistance or to receive this information in a different format, please contact the department which created this leaflet.

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